



DECEMBER NEWSLETTER



The winners of November's award are:

SATURDAY- PHOEBE HALL
SUNDAY- BETHEA KOLSTOE



Phoebe and Bethea have won this month's award for their incredible passion for horses. They consistently volunteer to assist with various tasks, and despite only joining the saddle club this year, they have quickly become two dedicated and enthusiastic members.



HAPPY NEW YEAR

2025

We truly hope that everyone had a wonderful festive season, and we extend our best wishes for 2025. We look forward to continuing our support for your equestrian journey and can't wait to see what the new year brings!



Join us in setting goals for 2025, they don't have to be horse related!

3 goals for 2025.....

-
-
-

Be sure to let us know the goals you have set yourself....





HORSE/ PONY OF THE MONTH

THIS MONTHS WINNER IS.....



QUIZ

December quiz

BELLA!



FACT FILE:

Date of Birth: 2013

Breed: Fell

Gender: Mare

Height: 12.3hh

Colour: Black

Favourite activity: Playing games and jumping

Favourite food: Apple treats

Fun fact: Bella was born in Liverpool

REASONS WHY YOU CHOSE HER AS THIS MONTHS WINNER...

“She’s so cute”

“I love her canter”

“She was really fast in our games lesson”

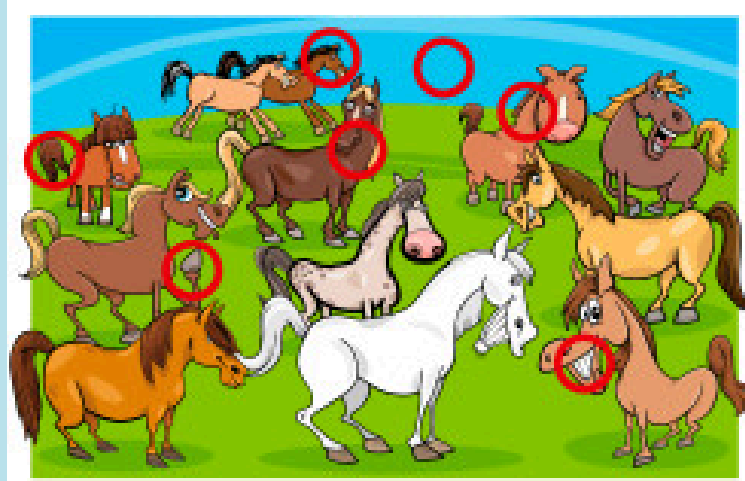
“She’s happy to greet us on the yard”

Below is a picture of a bridle, can you match up all the parts?

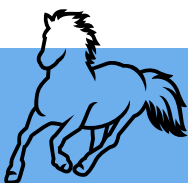


- Throatlatch
- Noseband
- Reins
- Bit
- Cheek piece
- Flash
- Head piece
- Browband

November answers,
how many did you find?



Don't forget to read next months newsletter for the answers....





TOP RIDING TIP.....

There are many additional activities that can enhance your riding skills.

Pilates is an excellent method for strengthening your core, which will improve your balance in the saddle.

Working on your motor skills is important since you'll often need to coordinate your hands and legs at different moments.

Observing more experienced riders can provide you with a visual understanding of proper techniques and insights into horse movement.

Additionally, engaging in mindfulness and breathing exercises can help you stay calm and focused, especially when learning new techniques or facing challenges.

Don't forget the importance of regular stretching to maintain flexibility, which can enhance your riding posture and reduce the risk of injury.



CLIENT PHOTO OF THE MONTH:



Thank you Piper for our beautiful drawing.

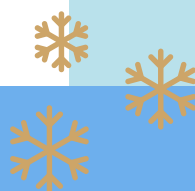
REVIEW COMPETITION!

The winner of the review competition was Carolyn Jacobs!

We would like to say a huge thank you to everyone that took the time to write us such lovely reviews.

We had to include this e-mail from Sue who is a new client here at Pinkmead

'I've gone back to riding, last year I turned 60, an older returnee rider, but new to Pinkmead, now 61. I've had a couple of lesson with Penny on Flo and Louise on Tufty. Louise got me up to 'a gentle jog' on your gentle giant Tufty, the first time I've trotted in 30 years! Your lessons have given me confidence to aim for a spring hack at a slow pace. The terrifying bit is Tufty's height because it's not easy to dismount (knees, ankle issue!), hence my requests for a smaller horse. I left my card in the car when I ended up trotting, but I also left behind many of my nerves - and cannot wait for my next sessions. I'll never be as sprightly as I was at 10, my 'up/down' is very clunky, but your facilities are safe, wonderful, the horses are beautiful and the instructors so encouraging.'



TEAM PINKMEAD RESULTS

RIDING SCHOOL



Eira, Amira and Kiera with their e-rider rosettes!



LIVERY

**MAIN ARENA
PRELIM 2C
5TH CAROL
JOHNSON &
DYNAMO 65.43%**

**BOWLAKE
DRESSAGE 21ST
DECEMBER
PRELIM 3**

**1st Claire Howes &
Let's go Mango
68.96%**
**2nd Victoria-May
Kelly & Brookshill
Bennet 68.54%**



CONGRATULATIONS TO ALL THE FOLLOWING RIDERS WHO HAVE MOVED UP THIS MONTH;

Ben Cornick moving up to level 5



Remember if you have moved up recently
and would like to be featured in the
newsletter
just email your name and picture to
ella@pinkmead.co.uk



WELL DONE TEAM PINKMEAD!

